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Pelham NEWS

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The Pelham Panthers are: from front row, Sam Piccolo, Dryden Berketo; officials row, from left, head coach Dino Germano, assistant coach John Piccolo, trainer Jason Young, assistant manager Bill Campbell, assistant Bill Rizzo; players row, from left, Adam Hajmasy, Nick Rizzo, Mark Germano, Matthew Coyne, Cole Watson, Adam Mccollum, Sam Gazzola, with trophy; Kurtis Barnes, Riley Hickman, Phillip Andrews, Eric Germano. Tyler Young, Matthew Lewis, Billy Campbell,Calvin Overbeek and Ryan Zwierschke.

MINOR HOCKEY: Panthers go undefeated in playoffs and capture provincial prize

Panthers capture OMHA title

BERND FRANKE
PelhamNEWS Staff

PELHAM — A team that ended the season by winning all 14 of its playoff games was hungry for more than victory as it worked together toward a goal of capturing an Ontario Minor Hockey Association championship.

Players on the Pelham Buckner's Source for Sports Panthers also developed a taste for free pizza over the course of the bantam A/E season. After their coaches offered to buy them four pizzas for every penalty-free game and two for taking only one trip to the penalty box, an already skilled and talented team began playing with much more discipline.

"This idea caught on well with the boys as they constantly reminded the coaches of their penalty-free games to get their food," head coach Dino Germano said in estimating that the Panthers ate more than 40 pizzas after practice this season.

While keeping the penalty box empty of Pelham players emptied the pockets of the coaching staff, it wound up being money well spent. A team that lost but six games during the regular season went on a tear in the playoffs, sweeping each of their five playoff series, including the best-of-five provincial final against the Elmvale Coyotes.

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upfront

■ **SCIENCE FAIR:** Students display skills in St. Catharines

Local students explore science at fair

KAESHA FORAND
PelhamNEWS Staff

ST. CATHARINES — Gone are the days of science projects documenting how quickly mould develops on bread or how quickly beans will sprout.

Science projects of the 21st century explore how quickly pills dissolve, green technology and pneumatic pressure.

Last weekend 212 of Niagara's best science projects were on display at Brock University for the 48th Niagara Regional Science and Engineering Fair for English- and French-speaking students.

Marry Huibers, science fair committee member, said the committee has seen an increase in francophone school participation and more advanced projects with a greater focus on renewable energy.

"We're looking for an understanding of the scientific process and depth of knowledge of the subject matter."

Students were divided into Grades 5 and 6, Grade 7 and 8, Grade 9 and 10 and Grade 11 and 12 and presented projects in categories, such as health sciences, life sciences, earth and environmental sciences, computing and information technology, biotechnology and pharmaceutical sciences, environmental innovation, engineering and physical and mathematical sciences.

"The bar continues to move up. We see better quality projects at our fair."

Huibers believes students are more interested in their projects because it's a topic they want to build upon.

Padriac Odesse, who is in Grade 5 at Ridley College, explored the simple, but scientific, world of paper airplanes.

KAESHA FORAND Staff Photo

St. Alexander student Michael Ross wanted to see the difference between incandescent and fluorescent light bulbs. He performed two tests to test the light strength and the amount of heat emitted from the bulb.

The Fonthill resident examined how the shape of the airplanes affected their lift.

He made eight different models, placed each on a scale and blew at the planes with a hair dryer to study their lift. He then threw them in the air three times and took the average distance to come to his conclusion.

The "Professional" plane went the farthest with triangular-shaped wings "and fins which I believe added to the lift," to help project it 4.83 metres.

"I liked the fact that I got to use paper airplanes," Odesse said of the project.

St. Alexander school student Michael Ross wanted to shed some light on lightbulbs.

He created two tests to help determine which light bulb is better: fluorescent or incandescent.

He used a jolly photo meter to see which light was brighter - the incandescent light and the second test involved a calorimeter to test heat emitted from the bulb by lighting the bulb in a container of water.

"On TV they're always comparing bulbs and saying fluorescent is better. So I wanted to see."

He determined a fluorescent bulb works better because it has a longer life, but said an incandescent bulb is better for an area where light isn't used every day such as closet.

However, "a fluorescent blub is worse to dispose of because it has mercury."

Other local projects included the effect of liquid on plants, Bot the robot, electricity, do chickens prefer salty or sweet food and fabric-burning reactions.

Ecole Champlain student Raeanne Corriveau learned about pressure with her project which saw a Styrofoam plane take off with a fan. Making the plane wasn't as easy as it sounds — it took her six tries to get it right.

Students were judged and winners from the fair will be announced on Wednesday, April 7, and will then compete in the Canada Wide Science Fair May 15-23 in Peterboroug.

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■ CHAMPIONS

First Pelham title in 2 years

FROM PAGE 1

"Our team was more focused on playing hockey than on hitting," assistant manager Bill Campbell said Saturday afternoon at Pelham Arena, where team memhers assembled to be photographed with the trophy, their gold medals, red championship caps and ear-to-ear grins.

Those smiles had a lot to do with bringing the Pelham Minor Hockey Association its first Ontario title since a peewee team won it all two years ago, hut there was also some lip-smacking anticipation of the pizzas that would follow at a team get-together at Mossimo's Pizza & Suhs immediately afterwards. Their latest of 12 penalty-free games this season and the Panthers' second in a row happened Friday night in Elmvale, where Pelham douhled the Coyotes 2-1 in overtime to complete their sweep of playoff sweeps and achieve their No. 1 goal — winning an Ontario title.

"That's heen their goal since the start of the season and all year they worked hard to make it happen. We told them on the hus (to Elmvale), 'This is your time, don't waste it,'" Germano said.

With the Elmvale 35 seconds away from a 1-0 victory and forcing a fourth game the following afternoon in Welland, it appeared all but certain the non-alcoholic champagne that the coaches hrought with them to the Barrie-area community would have to remain on ice. But that's not how Pelham's hackup goaltender saw the scene of unfolding hefore from his seat on the hench. Rather than hegin thinking about Game 4, which he would he starting in front of his hometown fans, Dryden Berketo wondered how the Panthers would force overtime.

"I was thinking 'How are we going to score?' I was wondering who was going to step up and score. This team is loaded with scorers," Berketo, a 14-year-old said.

He didn't have to wait too long for an answer. With Pelham pressuring the Eagles in their end of the ice — playing at even strength, of course — Sam Gazzola banged in linemate Mark Germano's rebound in a goal-mouth scramhle to keep the sweep streak alive and force overtime for the second time in three games against Elmvale.

Like Berketo, Matthew Lewis, who wound up netting the game- and championship-winning goal with three minutes remaining in the extra period, never even considered the possibility of Game 4 back in Pelham on Saturday.

"It was our game to lose, We had all the momentum going into overtime," said Lewis, who ended the drama when he intercepted a pass in the neutral zone, went in on a breakaway and found the top corner of the net with a hard wrist on the Elmvale goaltender's glove side.

■ MINOR HOCKEY: Panthers knew what it took to win title

'Great balance' was key

BERND FRANKE
PelhamNEWS Staff

PELHAM — When the coaching staff of the newly crowned Ontario champion Pelham Panthers looked into the minor hockey team's dressing room, they saw a history of winning under playoff pressure.

Before winning it all this year at the bantam A/E level with the Buckner's Source for Sports Panthers, Phillip Andrews, Kurtis Barnes, Billy Campbell, Adam Collins, Sam Gazzola, Riley Hickman, Nick Rizzo and Ryan Zwierschke skated to a provincial title two years ago as peewees.

And all hut Hickman and Rizzo were on a Pelham novice team that advance to the Ontario finals.

A "great balance" between bantams playing in their final year and players who have experienced what it takes to win a provincial championship helped this year's hantam A/E squad "immeasurably."

"There was great chemistry in the (dressing) room, with everyone motivated each other. Interesting, but the players who won at the peewee were among the younger players, so we had a great halance hetween youth and playoff experience," Dino Germano, head coach of the bantam A/E team, said Saturday afternoon outside of Pelham Arena, where the team assemhled to have their pictures taken with their gold medals and the championship banners.

Like his son, assistant coach Bill Rizzo has also tasted victory at the Ontario final, providing a steadying hand hehind the hench for hoth the peewee and bantam title teams.

A high school teacher at Lakeshore Catholic, where he is the head of the physical education department, Germano also knows a thing or two ahout playoff pressure. Over the years his Gators teams have almost hecome a fixture at the provincial senior hoys high school hockey championships. They are a perennial powerhouse at the Zone 3 level, where the road to the Southern Ontario Secondary Schools Association championships nearly always goes through Teeder Kennedy Youth Arena, Lakeshore's home arena.

However, Germano left no douht where his hockey roots are deepest when asked to compare the three on winning a medal at the high school championships with capturing an Ontario Minor Hockey Association title at the community level with the Panthers.

"There's no comparison, this one is for my town, these are our kids," he said, speaking hoth figuratively — and literally: his sons Mark, 13, and Eric, 11, are on the hantam A/E champions.

■ PROVINCIAL BUDGET

Budget doesn't go far enough: Kormos, Hudak

KAESHA FORAND
PelhamNEWS Staff

Peter Kormos and Tim Hudak don't believe the provincial budget delivers funds to areas where they are most needed.

The local MPPs commented on the Liberal hudget presented last week hy Finance Minister Dwight Duncan. Both would like to have seen more funds infused into programs that stimulate johs.

Hudak, Ontario's Tory leader and MPP for Niagara West-Glanhrook, said Dalton McGuinty's hudget didn't address the PC party's recommendations to suspend the tax on new johs, eliminate joh-killing red tape and regulations, make home ownership affordahle hy eliminating land transfer tax, expand job opportunities for young workers, create johs in northern Ontario, cut wasteful government and stop corporate welfare.

"Dalton McGuinty had the opportunity to provide the bold leadership Ontario needs and he failed to deliver," Hudak said after the hudget reading at Queen's Park in Toronto. "Ontario needed a real plan."

Hudak said an easy way to save $25 million in "sweetheart bonuses" is to remove HST tax collector payments from staff who are moving from the provincial payroll to the federal payroll and are collecting up to $45,000 in severances without losing a day of work.

He said Ontario has slipped to a have-not province and said the budget "clearly has no plan to grow Ontario."

Welland's NDP MPP said with an unemployment rate of 10% and underemployed residents, "nothing in this hudget provided any comfort."

Kormos added he would like to have seen more concentrated infrastructure projects to huild bridges and roads, in addition to a real joh strategy.

"There is no responsibility to address poverty," Kormos said. "It's hardly worth the paper it's written on."

He said nothing in the budget helps protect pensioners and seniors and it also doesn't provide any relief for health care.

With a meager increase of 1.5% for health care, he said residents will continue to see small hospitals stripped of their core services and wait times increase. With the upcoming 65th hirthday of hahy hoomers, he said the hospital crisis will worsen.

He also noted a two-year wage freeze for memhers of provincial parliament and non-unionized puhlic sector employees n't much to cheer about.

"The government is freezing a six-figure salary," Kormos said. " It doesn't impress workers much."

Kormos said the hudget fails to take into consideration hardworking families and seniors that will he hard hit with the implementation of the HST tax.

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comment

■ perspective

Wayne Campbell
EDITOR

Pace picking up

The arrival of Easter this weekend ends a winter lull.

Churches are holding services to mark the reason for the season.

The feast of rebirth and resurrection is a good time to reconnect with basic beliefs.

If you are under 12 and in the hunt, Easter eggs appear in Marlene Stewart Streit Park for the 6th annual EGG-Stravaganza at 11 a.m. Saturday.

The Fonthill and District Kinsmen Club is preparing its 15th annual Pelham Home and Leisure Show for Friday, April 16, Saturday, April 17, and Sunday, April 18 at the Pelham Arena. Proceeds go to Kinsmen supported charities.

The show is an excellent opportunity for Niagara's small home, renovation, garden and recreational businesses to demonstrate services to consumers seeking hometown connections. For those who back the small operator the Kinsmen show is the place to go.

E.L. Crossley Secondary School will bring us its first major musical in a decade.

Urinetown has drawn in many school departments ranging from business to art through trades.

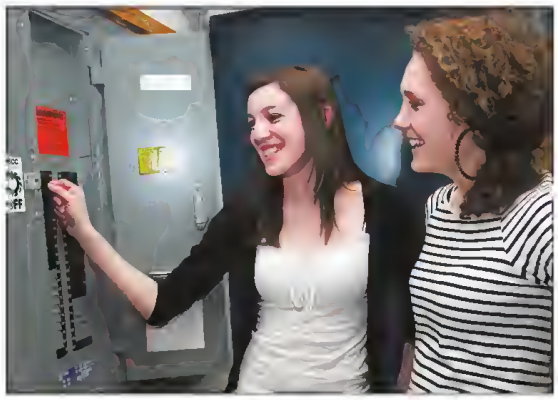
The show is on at Ridley College's Mandeville Theatre on Friday, April 23 an Saturday, April 24.

Mayor Dave Augustyn will throw bis second charity gala on Saturday, May 8. This year it supports Konnecting Kids that puts low-income kids on the playing line.

The same weekend is our salute to the painting, sculpting and carving. The Pelham Art Festival takes over the arena May 7-9. It features more than 80 artists with items for sale. Proceeds go to the Pelham Public Library.

The pace is picking up as Spring rolls along.

■ EARTH HOUR: Time to turn off the lights



MARYANNE FIRTH Staff Photo

Grade 11 E.L. Crossley Secondary School students Hilary Reid and Anna Ionson help to turn off all non-essential lights at the Pelham school last Friday in recognition of Earth Hour. The World Wildlife Fund project asked people to go without electricity Saturday from 8:30 p.m. to 9:30 p.m. in order to conserve energy and take a stand against climate change.

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There is another emerging trend that cannot be overlooked. Internet environments are becoming increasingly interactive and social.

Consumers are interested in learning more about the "context" of the products or places they are exploring.

They want to learn about what other purchasers have to say about the product or service provider. They want to engage in on-line conversations and get to know more about the people they will be buying from before they will commit to a face to face meeting.

And, oh yes, don't forget that they want the information now and it better be up-to-date.

It is no wonder that social media communities such as Facebook are expanding exponentially. Before you dismiss this statement saying that "Facebook is for high school kids" you should know that Facebook reported a 276% growth in use by 35-54 year olds during the last six months.

The beauty of social media marketing is that it is an extension of the relationship style of networking that those of us who live in a small town take for granted everyday.

The accessibility of the Internet also gives us the opportunity to connect readily with not only our clients but also other business owners so we can collaboratively highlight what we have on a global stage.

Never before have we had a greater opportunity to link our community within the larger exposure available in the regional environment of Niagara. Twitter, for example, is another excellent social media marketing tool that effectively allows us to toot our horn (or "tweet' as they say) about all the reasons to come live or visit in Pelham.

If your head isn't spinning yet let me tell you about the potential for the GPS based mobile platform called "Foursquare" to put all our specialty businesses and attractions on the world map....

Cathy Berkhout-Bosse, H.B.A. is a real estate broker and writer living in Pelham. You may read past columns at http://blog.berkhoutbosse.com/

Young Easter bunny doesn't irk Arnie

Wouldn't it be great if your whole school career could be like going to daycare? 12:30 p.m., Wed, April 8, 2009, four days before Easter.

Arnie and Donna Jean are out grocery shopping. In the salads and vegetable section, Arnie, in charge of driving the shopping cart while his wife

Arnie Dyker
HUMOUR

picks out what to put into it (Hey, it's a big responsibility but somebody has to guide that oversize load around the store) gets cut off from his destination by another driver.

That driver turns out to be a little girl, out with ber grandmother, performing the same high level task Arnie is. Her cart is a lot smaller than his, though, and it sports a six-by-eight inch plastic flag on a one foot tall pole that clearly explains; "Shopper in Training."

Normally it irks old Arn to be cut off in traffic.

Here, in the grocery store, Arn has to take the extenuating circumstances into account. The driver who cut him off doesn't even know she did anything wrong. How could she? She is, after all, a student driver. And she's only four-and-a-half years old.

The oh-so-cute set of whiskers painted onto her cheeks makes it hard to hold a grudge, too.

A conversation with the guardian ensues.

"The whiskers?" she says. "Oh, she just got out of daycare. She's an Easter Bunny."

And that's what set Arnie to recalling the various stages of his own education: Grade school, which started out as pretty good fun and gradually became more of a place where you might look absentmindedly out the window, waiting for recess.

Higb scbool, wbere you bad lots of good friendships, some of which would end up lasting your entire lifetime.

A place where there were girls. But also a place where more and more young people spent more and more of the day looking out the window.

And university. A place of higher learning. A place from which you would emerge more qualified for a better job.

see **COLUMN** | Page 5

COLUMN

CONTINUED FROM PAGE 4

A place where you developed some major friendships. A place from which, when you had completed your mission, you would be a lucky person indeed if you were able to carry forward one or two of those friendships, because everyone would be moving on to wherever the next phase of their life would lead them.

A place with lots of girls, some of whom would even give the time of day to a gangly, smart, but socially slightly awkward young man (hard to believe, in that, unlike the Young Arn, the Old Arn is socially "gifted.") A place where you didn't see hardly anybody looking out the window, because you're all serious students now, in serious competition, getting ready for the marketplace.

Not to say that university is a totally grim environment where nothing fun ever happens.

Only that, if you plan on being there for more than a couple of months, you had better put a higher priority on grinding it out with books or computers and notes and memorization than on drinking beer and playing tiddlywinks.

Not to say you don't learn anything useful. You learn plenty.

Just saying that it's not as much fun as daycare.

And taking a wild guess that it's not as much fun as kindergarten.

Arnie isn't qualified to know.

He can't recall there being any such thing as daycare when he was a kid. And he never got to go to kindergarten, either. Started his scholarly career in grade one.

As he's watching that little girl and her grandma disappear down the produce aisle, with the "shopper in training" flag out front in the lead, a hint of melancholy is floating like a morning mist over the empty morning meadow that is his 61 year old brain matter.

In that cloud is the thought: "You spent 17 years in school, Arn. If you could go back and fill in the gaps, what would you choose? Certainly not another science course! A computer course? Philosophy maybe? Spanish or English, astronomy or psychology or something to do with the environment? Plumbing? Carpentry, the one your wife would pick? Grade 11 over again?

"No. None of the above. If you could go back to school for one year, you wouldn't be going back to high school. And you wouldn't apply for university.

"You'd apply for kindergarten.

"Because, ya know what? You missed the single greatest year the educational system has to offer."

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■ RECIPE

A warm bowl of curry soup is the perfect way to warm up when nights get a little chilly

Spring is here. However the evenings are still chilly and curry soup is just the thing to warm you right up. This soup is so quick to make, healthy and oh-so-tasty. Use the basic following recipe and then add whatever suits your fancy to make it your own. Shrimp, chicken, tofu, and assorted veggies would all work beautifully. Serve over rice or quinoa and dinner is ready. Also a great recipe to have on hand for any hungry vegetarians that may come your way.

Coconut Curry Soup

Yield: Makes 4 servings

Ruth Nixon
WHISKING WITH RUTH

2 tablespoons canola oil
1 medium onion, chopped
1 medium red bell pepper, chopped
1 jalapeño chili, seeded and finely chopped
2 large cloves garlic, minced
2 cups chicken broth
1 (15-ounce) can chickpeas, rinsed and drained
1 cup chopped tomatoes, canned
2 tsp mild curry powder
1/2 tsp cumin
1 tsp salt or to taste
Freshly ground black pepper, 1 tsp black pepper or to taste
1 (14-ounce) can coconut milk
1/2 cup chopped cilantro

In a medium stockpot, heat the oil over medium heat. Add the onion, bell pepper, and chili; cook, stirring, until softened, about 5 minutes. Add the garlic and cook, stirring constantly, 1 minute. Add the broth, chickpeas, tomatoes, curry powder, cumin, salt, and black pepper; bring to a boil over high heat. Reduce the heat and simmer gently, uncovered, stirring occasionally, about 10 minutes. Add the coconut milk and cook, stirring occasionally, until heated through, about 5 minutes. Serve warm, garnished with chopped cilantro.

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■ FISHING

Anglers needed for program

For PelhamNEWS

The Niagara Peninsula Conservation Authority is looking for anglers who like to tell an honest tale about their fishing. It's part of an effort to improve the Welland River fisheries.

For several years, anglers have assisted the authority to gather information by keeping an Angler Diary.

The information provided helps with its restoration and fisheries improvement programs.

Participants who turned in the completed diaries by the Dec. 1 deadline were entered in a draw for a prize. Recipients included residents of Oakville, Hamilton and Beamsville.

This year the program includes the Twelve Mile Creek Watershed which includes part of Pelham.

All anglers are invited to contact the NPCA for additional information and to receive a diary.

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- Your mouth is constantly changing. Inspect your denture regularly for worn teeth and cracks.

  Be sure to visit your denturist regularly as part of your recommended check up schedule.
- Some medications can affect denture fit and wearability so be sure to discuss this with your doctor and dental professional.
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Easter Services

St. Ann's Roman Catholic Church 834 Canboro Rd., Fenwick, Holy Thursday, Lord's Supper, Thursday, April 1, 7p.m.

Good Friday, Lord's Passion, Friday, April 2, 3 p.m.

Holy Saturday Saturday, April 3, Noon- Blessing of Easter Baskets 8:30 p.m. Easter Vigil

Easter Sunday Sunday, April 4, Masses 9:30 a.m. 11a.m.

Pelham Community Church, 461 Canboro Rd., Fenwick

Sunday, April 4, - Easter Sunday Sunrise Service 8 a.m.,Continental Breakfast 8:30 a.m., Easter Service 9:30 a.m.

Pelham Friends Church, 940 Haist St

Good Friday Service at 11 a.m.

Easter Sunday - 10:30 a.m.

Fonthill United Church, 42 Church Hill, Fonthill

Friday, April 2 - Good Friday - Joint service at Central United Church in Welland -10 a.m.

Sunday, April 4 - Easter Sunday - 10 a.m.

Concordia Lutheran Church, 105 Welland Rd., Fonthill:

April 1, Maundy Thursday 7 p.m. - Holy Communion

April 2 Good Friday 10 a.m.

April 4 Easter Sunday 10:45 a.m. - Holy Communion

Holy Trinity Anglican Church 1557 Pelham Street, Fonthill

April 1 - Maundy Thursday 7:30 p.m., Holy Eucharist and Stripping of the Altar

April 2 - Good Friday 10 a.m., Ministry of the Word (one hour)

April 4 - Easter Day 8:30 and 10 a.m., Holy Eucharist

St. Alexander Roman Catholic Church. 50 Pelham Town Square Fonthill Holy Thursday (April 1)

Mass of the Lord's Supper: 7 p.m. nightwatch until 11:30 Night Prayer Good Friday (April 2) Morning Prayer: 9 a.m.

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Did you know that sugar is the second largest ingredient in ketchup? The amount of sugar in soda pop is legendary. So , it's not surprising that the number of people with diabetes, heart disease, obesity and other sugar-related diseases are skyrocketing. High blood sugar levels indirectly lead to more than three million deaths worldwide each year, say researchers who looked at levels linked to heart disease and stroke.

Blood sugar is the amount of glucose in the blood. High blood glucose levels are very toxic and it also can hinder insulin absorption, so cells that don't get glucose, lack the fuel they need. These two problems cause the symptoms of diabetes.

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Submitted Photo

Pelham hockey mom's gather and form two teams for a charity game recently. Together they raised over $1,500 for cancer.

■ **HOCKEY:** Game raises $1,500

Mom's hit the ice for cancer

For PelhamNEWS

On March 5, Pelham hockey moms got together for the second time in what could become a Pelham annual tradition.

For the second time the moms went to the Pelham Arena not to get their kids on the ice, but to lace up the skates themselves for a good old hockey game.

With the exception of one or two very noticeably experienced hockey players, most of the women had never played hockey before, but the sheer enjoyment they exhibited proved that they all shared an underlying, latent desire to play, having done enough watching their kids from the bleachers.

In fact, as the hockey craze continues to enthrall our nation, there is even talk of establishing a regular mom's shinny hockey time at the arena.

The first game was last year as a fundraiser for The Ride to Conquer Cancer.

Organizers Andrea Abbott, Pam O'Connor and Tara Darling were so pleased with the success the first year, they decided to try it again.

Besides, they were getting so many requests to play again that they had to do it.

Its popularity continues to grow as this year about 28 women suited up, and the event raised $1,500 and still counting.

There is a core group of moms taking part in the epic Ride this year that involves bicycling from Toronto to Niagara Falls. It is a huge event raising money for Cancer research; the ride will cover over 200km in just two days.

That these women are taking part in this heroic event is a story in and of itself. It certainly is a physically challenging endeavour, but each has that special motivation of a personal battle with cancer. I guess this hockey game can be considered cross-training for this upcoming event.

If you would like to help support Pelham's Riders in this great cause, donations can be made online at: conquercancer.ca and then search for either Andrea Abbott or Pam O'Connor. In the meantime, if you are a mom who has always wanted to play hockey, stay tuned, there may be an opportunity coming to an arena near you.

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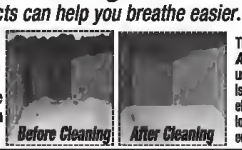

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TENNIS: Tressa Mastroianni serving up aces on court

BERND FRANKE Staff Photo

Tressa Mastroianni earned a trip to the Canadian championships next month.

Tennis star is Alberta bound

BERND FRANKE
PelhamNEWS Staff

WELLAND — Indoor tennis champion Tressa Mastroianni isn't a fair-weather friend when it comes to discussing the differences between the indoor and outdoor versions of the sport.

As far as the 13-year-old Alexander Kuska Catholic School student is concerned, there's nothing to talk about. There is only one forecast whenever she takes the court: a steady rain of serves and volleys.

"To me, it's all tennis. You have to play the same way, whether you're inside or outside," Mastroianni said in dismissing at the suggestion the indoor version's only purpose is to prevent racquets — and their owners — from becoming rusty over the winter months.

Rust has never been a problem for the daughter of Jerry and Patti Mastroianni of Welland. Since the Pelham Tennis Association's summer season ended, she has been averaging about 20 hours a week training at the Welland Indoor Tennis Club under coach Ryan Zeman, the director of the club's indoor program.

"No, I'm out here six days a week," Mastroianni answered with a smile after being asked whether that 20-hour number is on the high side.

"You're tired at the end of the day, but you don't get tired." That hard work and a commitment to use every opportunity at what Zeman called "learning moments" is what separated Mastroianni from the pack at Ontario championships recently in Burlington. Though playing against girls with far more experience than her two years on the court, her never-say-die attitude not only won the day, but a berth in girls singles at the national indoor tennis finals taking place next month in Edmonton.

"The biggest quality you can have as a player is never giving up. You have to be able to deal with adversity and come back, and Tressa has been able to do that," the coach said.

At the provincials, Mastroianni rebounded from a disappointing loss in the second round by winning her final four matches to finish the qualifying tournament with a 6-1 record. Facing match point, she encountered other opportunities to falter as she played deeper and deeper into the tournament, but persevered each time. "She never gave up. She came to play and kept right on playing."

Mastroianni didn't have any expectations heading into the Ontario championships, nor will she be going to Edmonton hoping to do anything but her best. When it comes to playing tennis, the Grade 8 student never has a specific goal in mind.

"I never do that to myself, it creates more pressure. You always have to go out there and have fun, whatever comes along."

Mastroianni conceded that losing her second-round match at the provincials wasn't much fun — "It really stunk," she admitted — but her first Ontario championships got to be enjoyable after she began heeding her coach's suggestion to turn the loss into a win by learning from the experience. Zeman, an Ottawa native who now lives in Fonthill, said it's the same advice he gives to all the young players he teaches at the Welland Indoor Tennis Club.

"You have to remember how this feels, because that will push you to do better in the future."

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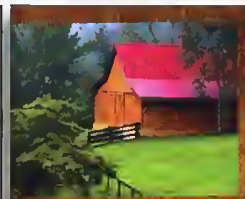

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Houses A650

Location!

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3 BDRM., WELLAND. 2 storey, car port, deck, hardwood & ceremic flcors, recantly reno'd with fridge, stove & a/c. Aveil. Mey 15. 1st/last. $1100 + utilities. (905)788-1051
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4 BEDROOM, rec room, stove, dishwasher, fenced in yard with wrep eround deck. $945 mo (includes water) plus utilities. Mey 1st. Call 905-733-0039 for a viewing.
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Rooms A660

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Vacation Travel

Employment Education

General Employment A800

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158 Primeway Dr

General Employment A800

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Notices

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Person to Person A956

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Personals

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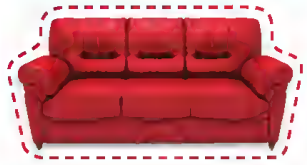

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■ HOCKEY

Novice team takes title

For PelhamNEWS

A potent offence, tough defense and solid goaltending are the recipe for success for any hockey team. The Tim Horton's Pelham Panthers Novice Rep hockey team had this and more resulting in the team capturing the Niagara District Hockey League Novice A title. Pelham defeated Fort Erie two games to one in a hard-fought championship series.

In Game 1, Pelham suffered a heart-breaking loss as Fort Erie scored in the dying seconds for a 6-5 win. Josh Glen scored twice for Pelham with Campbell Veld, Connor Walton and Ethan Mergl also scoring.

Connor Adams quarterbacked a strong Pelham power play; however it wasn't enough leaving Pelham down one game to none.

Pelham remained determined and roared back with a 7-3 Game 2 win in Fort Erie. Connor Walton's hat trick, Max Blanchard's two goals and singles by Campbell Veld and Joey Natale helped tie up the series. Alex Repar continued his stick handling wizardry and Justine Barnsley was a force on defense stopping Fort Erie puck carriers in their tracks.

Pelham was not to be denied sealing the title with a 5-2 home ice victory to win the championship. Down 1-0 early, Connor Walton, Garrett Jackson and Campbell Veld netted goals to put the Panthers out front to stay.

Defense partners Lucas Fast and Michael Rossi relentlessly pressed the Fort Erie forwards resulting in constant pressure and numerous scoring chances for Pelham.

Garrett with his second of the game and Ethan Mergl wrapped up the scoring. Back from Florida Quentin Annunziatta led numerous breakouts and Alex Blanchard provided a spark each shift out.

The team celebrated in traditional fashion, mobbing their two goalies, Evan Macpherson and Nicholas Yioldassis, who made the big saves when called upon.

To earn the opportunity to play in the finals the top 5 teams in the league, representing Pelham, Fort Erie, Grimsby, Niagara-on-the-Lake and Thorold battled through a tough round robin schedule with only two teams emerging to play in the finals. In round robin play Pelham knocked off Thorold 5-0, NOTL 3-1 and Grimsby 6-4 while tying Fort Erie 3-3 to finish first in the A pool.

The NDHL Title caps an amazing season in which the team ran the table in the regular season going undefeated in 31 games (26 wins, 5 ties).

Congratulation to coaches Brent Mergl, Pierre Blanchard, Joe Glen, Mike Repar and Joe Natale who provided outstanding instruction and leadership all season.

Richard Brown
SALES REPRESENTATIVE

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AROUND TOWN

SATURDAY, APRIL 3

The 6th annual Easter Egg-stravaganza is taking place at 11 a.m. at Marlene Stewart Streit Park, Fonthill. Event presented by the Town of Pelham.

WEDNESDAY, APRIL 7

The Niagara Bead Society is holding its April meeting at the Centennial Branch of the St. Catharines Library in the Bankers Room at 7 p.m. Visitors are welcome to attend this meeting - and upcoming meetings the first Wednesday of every month September to June. We will be working on bracelets using flat ndebele (herring-bone) stitch. Members bring show and share projects they have completed. For more information www.niagarabeadsociety.ca

SEE PAGE 16 FOR MORE AROUND TOWN

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WESTON DINNER ROLLS pkg of 20 2/$4

WESTON HOT CROSS BUNS pkg of 8 2.99

OCEAN SPRAY CRANBERRY COCKTAIL 1.89 litre 3/$10

Breton CRACKERS 225g box 2/$4

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NO. 1 GRADE FLORIDA. NEW CROP! MINI POTATOES RED OR WHITE 99¢ LB.

CONTINUED FROM PAGE 15

SATURDAY, APRIL 10

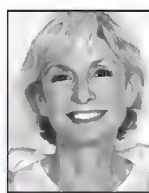
Dodgeball Tournament Town of Pelham Mayor's Youth Advisory Committee will be co-hosting the tournament with the Welland Mayor's Youth Advisory Committee. The event will start at 12 noon at the Niagara Centre YMCA - Welland.

WEDNESDAY, APRIL 14

Join the Welland Camera Club for another round of competitions this evening. Annual Nature, Stell Nature and Image of the Year, wth live judging this evening will begin at 7:30 p.m. Wesley United Church, 244 First Ave. N. For info - Larry Lanigan 905 892-4699.

FRIDAY, APRIL 16

15th Annual Pelham Kinsmen Home & Leisure Show April 16, 17 and 18 at Pelham Arena, Haist St., Fonthill. Times Friday 5-9 p.m., Saturday 10-6 p.m. and Sunday 11-4 p.m. Great local exhibitors, food by Country Corner. Proceeds to support local Kinsmen charities.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